



I do hereby certify this to be a complete, accurate, and true copy of the document which is on file or is of record in the offices of the Texas Board of Nursing.
Patricia P. Thomas
Executive Director of the Board

BEFORE THE BOARD OF NURSE EXAMINERS
FOR THE STATE OF TEXAS

In the Matter of Registered Nurse License Number 643639 § AGREED
issued to CRISS HELMS § ORDER

On this day, the Board of Nurse Examiners for the State of Texas, hereinafter referred to as the Board, accepted the voluntary surrender of Registered Nurse License Number 64363 issued to CRISS HELMS, hereinafter referred to as Respondent. This action was taken in accordance with Section 301.453(c) of the Texas Occupations Code.

Respondent waived representation by counsel, informal conference and hearing, and agreed to the entry of this Order.

The Board makes the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

1. Prior to the institution of Agency proceedings, notice of the matters specified below in these Findings of Fact was provided to Respondent and Respondent was given an opportunity to show compliance with all requirements of the law for retention of the license.
2. Respondent waived representation by counsel, notice and hearing, and agreed to the entry of this Order.
3. Respondent is currently licensed to practice professional nursing in the State of Texas.
4. Respondent received an Associate Degree in Nursing from San Antonio College, San Antonio, Texas, on May 1, 1997. Respondent was licensed to practice professional nursing in the State of Texas on July 22, 1997.
5. Respondent's professional nursing employment history is unknown.
6. Charges were filed on June 30, 2006. A copy of the formal charges is attached and incorporated by reference, as part of this Order.
7. Charges were mailed to Respondent on July 3, 2006.

8. Respondent, by her signature to this Order, expresses her desire to voluntarily surrender her license to practice professional nursing in the State of Texas.
9. The Board policy implementing Rule 213.29 in effect on the date of this Agreed Order provides discretion by the Executive Director for consideration of conditional reinstatement after proof of twelve (12) consecutive months of abstinence from alcohol and drugs followed by licensure limitations/stipulations and/or peer assistance program participation.
10. The Board finds that there exists serious risks to public health and safety as a result of impaired nursing care due to intemperate use of controlled substances or chemical dependency.

CONCLUSIONS OF LAW

1. Pursuant to Texas Occupations Code, Sections 301.451-301.555, the Board has jurisdiction over this matter.
2. Notice was served in accordance with law.
3. The evidence received is sufficient to prove violations of Section 301.452(b)(8), (10) & (13), Texas Occupations Code, 22 TEX. ADMIN. CODE §217.11(1)(C), and 22 TEX. ADMIN. CODE §217.12(6)(I) & (13).
4. The evidence received is sufficient cause pursuant to Section 301.453(d), Texas Occupations Code, to take disciplinary action against Registered License Number 643639, heretofore issued to CRISS HELMS, including revocation of Respondent's professional license to practice nursing in the State of Texas.
5. Under Section 301.453(c), Texas Occupations Code, the Board has the authority to accept the voluntary surrender of a license.
6. Under Section 301.453(d), Texas Occupations Code, as amended, the Board may impose conditions for reinstatement of licensure.
7. Any subsequent reinstatement of this license will be controlled by Section 301.453(d), Texas Occupations Code, and 22 TEX. ADMIN. CODE §213.26-.29, and any amendments thereof in effect at the time of the reinstatement.

ORDER

NOW, THEREFORE, IT IS AGREED and ORDERED that the VOLUNTARY SURRENDER of Registered Nurse License Number 643639, heretofore issued to CRISS HELMS, to practice nursing in the State of Texas, is accepted by the Board of Nurse Examiners. In connection with this acceptance, the Board imposes the following conditions:

1. RESPONDENT SHALL immediately deliver the wallet-sized license, heretofore issued to CRISS HELMS, to the office of the Board of Nurse Examiners.
2. RESPONDENT SHALL NOT practice professional nursing, use the title "registered nurse" or the abbreviation "RN" or wear any insignia identifying herself as a registered nurse or use any designation which, directly or indirectly, would lead any person to believe that RESPONDENT is a registered nurse during the period in which the license is surrendered.
3. RESPONDENT SHALL NOT petition for reinstatement of licensure until: one (1) year has elapsed from the date of this Order; and, RESPONDENT has obtained objective, verifiable proof of twelve (12) consecutive months of sobriety immediately preceding the petition.
4. Upon petitioning for reinstatement, RESPONDENT SHALL satisfy all then existing requirements for relicensure.

IT IS FURTHER AGREED and ORDERED that this Order SHALL be applicable to Respondent's multistate privilege, if any, to practice nursing in the State of Texas.

BALANCE OF PAGE INTENTIONALLY LEFT BLANK.

CONTINUED ON NEXT PAGE.

RESPONDENT'S CERTIFICATION

I understand that I have the right to legal counsel prior to signing this Agreed Order. I waive representation by counsel. I have reviewed this Order. I neither admit nor deny the violations alleged herein. By my signature on this Order, I agree to the Findings of Fact, Conclusions of Law, Order, and any conditions of said Order, to avoid further disciplinary action in this matter. I waive judicial review of this Order. I understand that this Order becomes final when accepted by the Executive Director at which time the terms of this Order become effective and a copy will be mailed to me.

Signed this 15 day of Sept, 2006

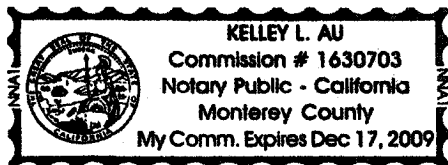
Miss Helms
CRISS HELMS, Respondent

State of California
County of Santa Cruz

Sworn to and subscribed before me this 15th day of September, 2006.

SEAL

Kelley L. Au
Notary Public in and for the State of California



WHEREFORE, PREMISES CONSIDERED, the Executive Director on behalf of the Board of Nurse Examiners for the State of Texas does hereby accept the voluntary surrender of Registered Nurse License Number 643639, previously issued to **CRISS HELMS**.

Effective this 21st day of September, 2006.



Katherine A. Thomas, MN, RN
Executive Director on behalf
of said Board

**In the Matter of Registered Nurse License
Number 643639, Issued to
CRISS HELMS, Respondent**

§
§
§

**BEFORE THE BOARD
OF NURSE EXAMINERS
FOR THE STATE OF TEXAS**

FORMAL CHARGES

This is a disciplinary proceeding under Section 301.452(b), Texas Occupations Code. Respondent, CRISS HELMS, is a Registered Nurse holding license number 643639, which is in Current status at the time of this pleading.

Written notice of the facts and conduct alleged to warrant adverse licensure action was sent to Respondent at Respondent's address of record and Respondent was given opportunity to show compliance with all requirements of the law for retention of the license prior to commencement of this proceeding.

CHARGE I.

On or about December 12, 2004, while working on a multi-state privilege through her license to practice professional nursing in the State of Texas, and on assignment at Banner Good Samaritan Medical Center, Phoenix, Arizona, Respondent administered 1 mg. Ativan intravenously to Patient Medical Record Number instead of by mouth as ordered by the physician. The oncoming nurse found the patient to be experiencing respiratory distress, including oxygen saturation which was measured at 85%. Respondent's conduct may have resulted in the patient experiencing respiratory distress.

The above action constitutes grounds for disciplinary action in accordance with Section 301.452(b)(13), Texas Occupations Code, and is a violation of 22 TEX. ADMIN. CODE §217.11(1)(C).

BALANCE OF PAGE LEFT BLANK INTENTIONALLY

CONTINUED ON NEXT PAGE

CHARGE II.

On or about June 7, 2005, Respondent provided false and deceptive information on the Board of Nurse Examiners Texas Online Renewal Document in that she answered "no" to the following question:

"Have you ever been convicted, adjudged guilty by a court, plead guilty, no contest or nolo contendere to any crime in any state, territory or country, whether or not a sentence was imposed, including any pending criminal charges or unresolved arrest (excluding minor traffic violations) since the last renewal? This includes expunged offenses and deferred adjudications with or without prejudice of guilt. Please note that DUI's, DWI's, PI's must be reported and are not considered minor traffic violations. (One time minor in possession [MIP] or minor in consumption [MIC] do not need to be disclosed, therefore, you may answer "No." If you have two or more MIP's or MIC's, you must answer "yes.").

On or about March 3, 2004, Respondent plead guilty and was convicted of DRIVING UNDER THE INFLUENCE in the San Diego Superior Court, Case No. M906268. As a result of the guilty plea, Respondent was placed on summary probation for five (5) years and ordered to pay a fine in the amount of one thousand six hundred and fifty dollars (\$1,650.00).

The above action constitutes grounds for disciplinary action in accordance with Section 301.452(b)(10), Texas Occupations Code, and is a violation of 22 TEX. ADMIN. CODE §217.12(6)(I) & (13).

CHARGE III.

On or about May 18, 2006, Respondent voluntarily surrendered her mulsti state licensure privilege to practice nursing in the State of Arizona to the Arizona State Board of Nursing. A copy of the May 18, 2006, Consent to Voluntary Surrender Multistate Licensure Privilege in Airzona and Cease and Desist Order No. 0412121, Findings of Fact and Conclusions of Law, is attached and incorporated, by reference, as part of this pleading.

The above action constitutes grounds for disciplinary action in accordance with Section 301.452(b)(8).

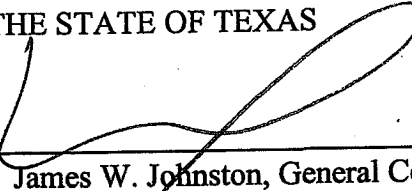
NOTICE IS GIVEN that staff will present evidence in support of the recommended disposition of revocation of Respondent's license to practice nursing in the State of Texas pursuant to the Board's rules, 22 TEX. ADMIN. CODE §§ 213.27 - 213.33. Additionally, staff will seek to impose on Respondent the administrative costs of the proceeding pursuant to § 301.461, TEX. OCC. CODE ANN. The cost of proceedings shall include, but is not limited to, the cost paid by the board to the State Office of Administrative Hearings and the Office of the Attorney General or other Board counsel for legal and investigative services, the cost of a court reporter and witnesses, reproduction of records, board staff time, travel, and expenses. These shall be in an amount of at least one thousand two hundred dollars (\$1200.00).

NOTICE IS GIVEN that all statutes and rules cited in these Charges are incorporated as part of this pleading and can be found at the Board's website, www.bne.state.tx.us.

NOTICE IS GIVEN that to the extent applicable, based on the Formal Charges, the Board will rely on Adopted Disciplinary Sanction Policies for Nurses with Chemical Dependency which can be found at the Board's website, www.bne.state.tx.us.

Filed this 30 day of June, 2006.

BOARD OF NURSE EXAMINERS
FOR THE STATE OF TEXAS



James W. Johnston, General Counsel
Board Certified - Administrative Law
Texas Board of Legal Specialization
State Bar No. 10838300
Victoria Cox, Assistant General Counsel
State Bar No. 0079585
E. Joy Sparks, Assistant General Counsel
State Bar No. 18874600
BOARD OF NURSE EXAMINERS
FOR THE STATE OF TEXAS
333 Guadalupe, Tower III, Suite 460
Austin, Texas 78701
P: (512) 305-6824
F: (512) 305.8101 or (512)305-7401

Attachments: Arizona Board of Nursing Order issued May 18, 2006.

0999/D

1 needed for anxiety. Respondent said the reason she gave the Ativan intravenously was because the
2 oral dose was not immediately available at the time and Respondent was worried about the patient.

3
4 4. On or about January 16, 2003 Respondent was convicted of a misdemeanor in
5 Travis County Court Texas for driving under the influence (DUI). Respondent was sentenced to three
6 days in jail, and required to pay all court costs.

7
8 5. On or about March 3, 2004 Respondent was convicted of a misdemeanor in San
9 Diego Superior Court in San Diego, California for driving under the influence (DUI). Respondent was
10 sentenced to probation for at least 365 days, complete a Public Service Work Program, participate in
11 54 hours of counseling and group sessions, pay all court fees, and attend MADD.

12 CONCLUSIONS OF LAW

13 Pursuant to A.R.S. § § 32-1606, 32-1663, 32-1664, 32-1668 Article II, III and V, the
14 Board has subject matter and personal jurisdiction in this matter.

15
16 The conduct and circumstances described in the Findings of Fact constitute a
17 violation of A.R.S. § 32-1601(16)(d) and (j), and A.A.C. R4-19-403(1), (5), (6), (12), and (25) (adopted
18 effective July 19, 1995).

19
20 The conduct and circumstances described in the Findings of Fact constitute sufficient
21 cause pursuant to A.R.S. §§ 32-1663 (D)(5) 32-1664(N) to take disciplinary action against
22 Respondent's privilege to practice as a professional nurse in the State of Arizona.

23 Respondent admits the Board's Findings of Fact, Conclusions of Law.

24
25 Respondent understands that she has an opportunity to request a hearing and declines to
26 do so. Respondent agrees to issuance of the attached Order and waives all rights to a hearing,
27 rehearing, appeal, or judicial review relating to this Order.

28
29 Respondent understands that all investigative materials prepared or received by the

1 Board concerning these violations and all notices and pleadings relating thereto may be retained in the
2 Board's file concerning this matter.

3 Respondent understands that the admissions in the Findings of Fact are conclusive
4 evidence of a violation of the Nurse Practice Act and may be used for purposes of determining
5 sanctions in any future disciplinary matter.

6 Respondent understands the right to consult legal counsel prior to entering into the
7 Consent Agreement and such consultation has either been obtained or is waived.
8

9 Respondent understands that this voluntary surrender is effective upon its acceptance by
10 the Executive Director or the Board and by Respondent as evidenced by the respective signatures
11 thereto. Respondent's signature obtained via facsimile shall have the same effect as an original
12 signature. Once signed by the Respondent, the agreement cannot be withdrawn without the Executive
13 Director or the Board's approval or by stipulation between the Respondent and the Executive Director
14 or the Board. The effective date of this Order is the date the Voluntary Surrender is signed by the
15 Executive Director or the Board and by Respondent. If the Voluntary Surrender is signed on a
16 different date, the later date is the effective date.
17

18 Respondent understands that Voluntary Surrender constitutes disciplinary action.
19 Respondent also understands that she may not reapply for reinstatement during the period of
20 Voluntary Surrender.
21

22 Respondent agrees that she may apply for reinstatement after the period of voluntary
23 surrender under the following conditions, and must comply with current law at the time of their
24 application for reinstatement:
25

26 The application for reinstatement must be in writing and shall contain therein or have
27 attached thereto substantial evidence that the basis for the voluntary surrender has been removed and
28
29

KINKO'S

1 that the reinstatement of the license does not constitute a threat to the public's health, safety and
2 welfare. The Board may require physical, psychological, or psychiatric evaluations, reports and
3 affidavits regarding the Respondent as it deems necessary. These conditions shall be met before the
4 application for reinstatement is considered.
5

6
7 Miss Wilson
8 Respondent

9 Date: 5/17/06
10

11 ARIZONA STATE BOARD OF NURSING

12 SEAL

13 Joy Rideout R.N., M.N.
14 Joy Rideout, R.N., M.N.
15 Executive Director

16 Dated: May 18, 2006

17 TORRES COMPANY STATE LICENSES DIVISION

18 ORDER

19 Pursuant to A.R.S. § 32-1663 (D)(5) the Board hereby accepts the Voluntary Surrender
20 the privilege to practice nursing in Arizona under the multistate license number RN 643639 issued by
21 Texas. This Order of Voluntary Surrender hereby entered shall be filed with the Board and shall be
22 made public upon the effective date of this Consent Agreement. Respondent shall not practice in
23 Arizona under the privilege of a multistate license issued by any other state.
24
25

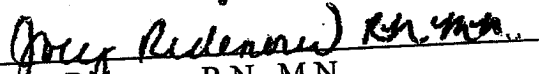
26 ////

27 ////
28
29

1 IT IS FURTHER ORDERED that Respondent may apply for reinstatement of said
2 privilege after a period of 5 years.

3 ARIZONA STATE BOARD OF NURSING

4 SEAL

5 
6 Joey Ridenour, R.N., M.N.
7 Executive Director

8 Dated: May 18, 2006

9
10
11 JR/SRT:dh

12
13 Copies Mailed this 22nd day of May 2006 to:

14
15 James A. Frisbie Esq.
16 CAMPBELL, YOST, CLARE & NORRELL, P.C.
17 101 North First Ave., Suite 2500
18 Phoenix, AZ 85002
19 Attorney for Respondent Criss Jessica Helms

20 And

21 Criss Helms
22 2025 E Campbell Ave
23 Phoenix AZ 85002

24
25 By: D. Lindsey
26 Legal Secretary